



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2017

EMMITSBURG SENIOR CENTER

Center Trip 9:30
Canasta @ 12
Groceries for
Seniors @FSC
1pm



Miracle on 34th
Street Toby's
Dinner Theatre
Wed. Dec.20th
\$70.00 person

Bowlers meet @
12:15
Art Class 1:30 –
3:30

Strength
Training @ 10
SANTA CRAFT
Cost \$2.00

Chair Exercise @
10am
Pickle Ball @
1pm

Strength
Training @ 10
Nutrition
minute@ 11
Trivia

Cruise Party
10:30-2pm
Boarding pass
needed \$10.00
ticket

8th Tai Chi @
1pm

Bowlers meet @
12:15
Art Class 1:30 –
3:30

Strength
Training @ 10
Joy Rowe @11
How do I survive
the Holidays
First Day of Hanukkah

Chair Exercise @
10am
Pickle Ball @
1pm

Strength
Training @ 10
Bingo \$5.00
wrapped gift

Chair Exercise @
10
Canasta @ 12
Tai Chi 1pm



Bowlers meet @
12:15
Art Class 1:30 –
3:30

Strength
Training @ 10
Nurse Steve @11
Is laughter really
the best med.

Chair Exercise @
10am
Pickle Ball @
1pm

Strength
Training @ 10
Winter Begins

Chair Exercise @
10am
Canasta @ 12
Tai Chi @ 1pm



The Buttersburg
Inn Dec.29th
\$10.00 person
Bring money for
lunch

CLOSED

Christmas Day

CLOSED

Kwanzaa Begins

Chair Exercise @
10am
Pickle Ball @
1pm

Strength
Training @ 10

Chair Exercise @
10am
Canasta @ 12
Tai Chi @ 1pm



New Year's Eve

Friday Dec. 1st Trip to Farmers Market in Hanover Pa.

\$5.00 jewelry and accessory show get those Christmas gifts early. Leave Center @ 9:30 return by 2pm.